



LIFE IS CALLING

How will you answer?

MatrixWalk 2018 - a pilgrimage home

Taking your place in community's embrace and responding to Life's deepest call

In a small group setting, you will...

- Learn to trust your innate guidance system and read the subtle cues being regularly presented to us
- Interact more honestly, courageously, and effectively with yourself and others
- Expand your ability to perceive and respond to what matters most by staying integrated and connected *even under stress*
- Build a kinesthetic understanding of what authentic community and correct support feels like and *why it matters*

Program October 2018-June 2019 includes:

- Weekly practice groups in-person or via Zoom
- Three residential weekend retreats in Ashland, OR
- Six private sessions with Lexi
- Quarterly public Constellation events
- Optional book group, personalized practices, and high level support

HEAR THE CALL?

Registration opens June 21.

Full program description and tuition information at www.lexidelgado.com/MatrixWalk

“MatrixWalk graduates say...

Body-centered *and* brain changing. **INCREDIBLY SAFE AND SUPPORTIVE COMMUNITY** Soul-stirring, nourishing, and challenging. Perfect. **SAVED MY LIFE. REALLY.** Phenomenal!
STILL EXPERIENCING PROFOUND AND TANGIBLE RESULTS.

“Praise for Lexi...

Impeccable guidance
MASTERFUL FACILITATOR
Deep presence and precise insight **MODEL OF EMBODIED WISDOM** Charismatic and compassionate



lexi delgado MA

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Lexi Delgado has degrees in Education, Counseling, Psychology, and Group Facilitation. She has worked in education and mental health for 25 years. Lexi dedicates her life to supporting our rapid evolution in these incredible times of change.

