

# MatrixWalk: the Path from Self to Service

A 9-month training to anchor service, expand capacity,  
and master use of correct support

MatrixWalk will support and assist you in increased choice about when, where and how you serve the collective. It will also deepen your trust in, and your tolerance for, what Life is asking of you.

## Schedule & Content

- **Weekly 90-Minute Meetings:** Our consistent home for working with ourselves, each other and the collective. Thursdays 8:45 - 10:15 am or Mondays 6:00-7:30pm. Logical breaks will occur in Dec, Jan and March and for holidays. Expect about 35 weeks of meetings.
- **3 Full-Day Events:** To dive more deeply into our MatrixWalk community - September 30, Jan 6 & April 14
- **2 Public Offerings :** To serve the greater community - June 2 and TBD
- **4 Private Sessions with Lexi:** To optimize personal expansion and growth

Exchange is a sliding scale of \$720-\$3,330 and is based on a new economy model allowing people paying on the higher end of the scale to act as support for those who need it. I hope that anyone called to join is able to work this at their deepest level by accepting what they need while giving as much as they can.

**This is your personal invitation to join a small group of advanced students on MatrixWalk 2017/2018. Please contact Lexi to discuss/register at 541.631.9456 or email [lexi@lexidelgado.com](mailto:lexi@lexidelgado.com).**

**Lexi Delgado** has worked in the fields of education and mental health for 25 years. Lexi utilizes tools from many arenas of Sacred Science — Mindfulness, Yoga, Cosmology and Constellation Work.

